

**The Practice: Application**

*Please complete application (BELOW) with the answers to the following questions.* ***We will contact you within 24 hours to schedule interview.*** *Registration is secured once application process is complete & deposit has been received. All information received is private & confidential.*

*Please email completed application to BOTH EMAILS:* [*info@evenflowyoga.com*](mailto:info@evenflowyoga.com) *and* [*ohanarisingyoga@gmail.com*](mailto:ohanarisingyoga@gmail.com)

1. What is your relationship with yoga?
2. ***(Please answer question #2 only if you are applying for the 500 Hour Advanced Training)*** Where did you receive your 200 hour certification?
3. How do you apply your yoga to you your life and/ or your teaching presently?
4. What does The Journey of the Teacher mean to you?
5. What is inspiring you to do this training? Do you have a specific goal in mind?
6. List Yoga history, experience, styles practiced and previous training:
7. Yoga or related teaching experience:
8. Influential teachers, teachings, books you have encountered:
9. Please enter your level of interest for the following topics (L=low, M=med, H=high): Philosophy\_\_\_ Meditation\_\_\_ Pranayama\_\_\_ Teaching principles\_\_\_ Diet and nutrition\_\_\_ Career\_\_\_\_ Asana\_\_\_\_
10. Please list or comment on any other areas of special interest to you:
11. Special skills, hobbies, sports, occupation, etc.:
12. Any injuries or illnesses:
13. Are there any health concerns we should be aware of in order to help support you in this training?​